

**Joint Committee on Administrative Rules**  
**ADMINISTRATIVE CODE**

TITLE 77: PUBLIC HEALTH  
CHAPTER I: DEPARTMENT OF PUBLIC HEALTH  
SUBCHAPTER I: MATERNAL AND CHILD HEALTH  
PART 665 CHILD HEALTH EXAMINATION CODE

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**Section 665.700 Diabetes Screening Requirement**

*A diabetes screening shall be included as a required part of each health examination. Diabetes testing is not required, but is recommended.* (Section 27-8.1 of the School Code) Diabetes screening is the assessment of an asymptomatic individual for risk factors for the purpose of identifying whether the individual is likely to have diabetes. Diabetes testing is the performance of diagnostic tests (e.g., glucose tolerance test), in a health care setting, on an individual who exhibits signs or symptoms of diabetes.

(Source: Added at 29 Ill. Reg. 18127, effective October 24, 2005)

**Section 665.710 Diabetes Screening**

- a) A diabetes screening shall include an assessment of whether a child is overweight (see Section 665.720) and an assessment of the following risk factors:
- 1) Family history of type 2 diabetes in first and second degree relatives;
  - 2) Member of an ethnic minority group, including American Indians, African Americans, Hispanic Americans, Asian/South Pacific Islanders; and
  - 3) Signs of insulin resistance or conditions associated with insulin resistance, including acanthosis nigricans, hypertension, dyslipidemia, or polycystic ovarian syndrome.
- b) Results of the diabetes screening shall be documented on the Certificate of Child Health Examination form.

(Source: Added at 29 Ill. Reg. 18127, effective October 24, 2005)

## **Section 665.720 Testing Recommendations**

- a) The Consensus Panel of the American Diabetes Association (ADA) recommends that if an individual is overweight and has any two of the risk factors identified in Section 665.710, diabetes testing should be done every two years, starting at age 10 years or at the onset of puberty, if it occurs at an earlier age.
- b) A child shall be considered to be overweight if one of the following exists:
  - 1) BMI > 85th percentile for age and sex; or
  - 2) Weight for height > 85th percentile; or
  - 3) Weight > 120 % of ideal weight for height.
- c) Clinical judgment should be used in deciding whether to test for diabetes in children who do not meet these criteria.

(Source: Added at 29 Ill. Reg. 18127, effective October 24, 2005)